



# POORNIMA FOUNDATION

29 March 2016

## Report on Foreign Internship at Portugal

Life is all about moving out of comfort zone and adapting to new things and conditions. I am **Dipali Bamnawat of Mechanical Engineering 4<sup>th</sup> year, Poornima Group of Institutions**. I got the opportunity to explore my own self and sharpen skills. When I got the chance to be in PORTUGAL for an international internship of 6weeks by AIESEC.

My journey to work on the project "make it possible" began on 30<sup>th</sup> January. It emphasis on the 17 sustainable goals that are defined by UNESCO countries around the world developed a set of goals to end poverty, protect the planet and ensure prosperity for all. Each goal has a specific target to be achieved over the next 15 years.

My role in the project was to pick up a goal and create an understanding that will not just impact the society and create awareness, but also find the solution to the problem.

I worked on the goals like zero hunger, life under water, reducing inequalities, green energy and few more. The project consisted of tasks like spreading awareness, discussions, brain storming ad finding the solution to be implemented in the society.

We collaborated with many local stores to solve problems. We joined hands with Re-food to curb hunger. with their help we were able to make important surveys and collect the leftover from eateries that could be given to homeless each day.

All such project point just in one direction that we have to walk and work together to make this world a beautiful place. On this project I was able to work with people who came from all around the WORLD, CHINA, TUNISIA, GERMANY, PERU and many other countries from around the globe.

It felt amazing to be able to work with people from different culture, ethnicity; people with different values and traditions; and yet working for towards one single goal, 'global peace'.

This journey changed me in many ways. I evolved as a human being, strategist, and communicator. The challenges that I faced and the decision I made, helped me move out of my comfort zone and work in unfavorable conditions too.

This made me more confident, and time efficient. I sharpened my skills of problem solving, analytical thinking and brain storming about an issue.

I honed my leadership qualities and my management skills. Handling people is never an easy task but I successfully did it.

In short to sum up those 6 weeks were the best days of my life where I got to know about myself and my limits and how to cross them and enhance myself, and how to do something that might seem impossible to one but not if everyone join their hands together.

