



March 11th, 2015

Report

On

Motivational session on “SELF-AWARENESS”

FIRO-B (Fundamental Interpersonal Relations Orientation – Behaviour)

Mr. Sandeep Menghani is an accomplished management professional with experience in the industry predominantly in the areas of marketing management, Training & Development and Education.

He came to take a session on the need of Self- Awareness. His idea was that to successfully run a business, u need to master leadership skills. To be a good Leader, you need interpersonal skills and to master all these you need Intrapersonal skills. So, a person needs to know themselves better.



The session was for 2 hours. He helped the students in doing a self-assessment by which they got to know their strengths and weaknesses. He made them understand that personality is the projection of your skills so you should change your personality.



Mr.Menghani is a great motivator and counsellor. The assessment was really helping and was indeed true. It revealed the nature and aptitude one possesses.

It ended with satisfaction in everyone's heart and it raised our expectation as well.